



# Coorow Seeds

CLEAN • SEED • EXPORT • FEED • FOOD

14 South Street  
Coorow WA 6515  
Postal : P.O.Box 136  
Coorow WA 6515  
Tel: (08) 99521088  
Fax: (08) 99521082

admin@coorowseeds.com.au

## LUPIN KERNEL SPLITS

Lupin Splits is manufactured from the kernel of the Australian Sweet Lupin Seed. The splits have many useful functional food properties listed below. It has a shelf life of 12 months.

Lupin Splits has been used as an ingredient in tempe, formula feeds.

The colour of the splits is a rich yellow which improves the appearance of products.

Lupin Splits is a natural food ingredient that can add value to food distributors and manufacturers, where the customers and stock will benefit from the nutritional value. People who are allergic to soy or wheat flour would find this product beneficial.

### Health Benefits

- ♦ Gluten free
- ♦ Low GI
- ♦ High in fibre (28%)
- ♦ High in soluble fibre
- ♦ Very high protein (38% - 42%)
- ♦ High in antioxidants
- ♦ High in phyto-steroids (assists in lowering cholesterol)
- ♦ Less than 1% starch
- ♦ High in minerals
- ♦ Non GMO

### Analytical Data

Energy	1510kJ
Protein	36 - 41%
Fat	6 - 8%
Saturated	1.9%
Omega 3	6%
Fatty acids:	
C16:0 Palmitic acid	12.3%
C18:0 Stearic acid	5.4%
C18:1 Oleic acid	33.2%
C18:2 Linoleic acid	40.1%
C18:3 Linolenic acid	5.1%
Carbohydrates	11%
Sugar total	2.8-5.0 g / 100g
Saccharose	2.8g
Glucose	< 0.1g / 100g
Fructose	< 0.1g / 100g
Lactose	< 0.1g / 100g
Maltose	< 0.1g / 100g
Dietary Fibre (total)	20 - 35%
Moisture	4 - 7%
Ash	4 - 6%
Sodium	30mg / 100g
Cholesterol	0.1mg / 100g
Particle size	100% <3mm